

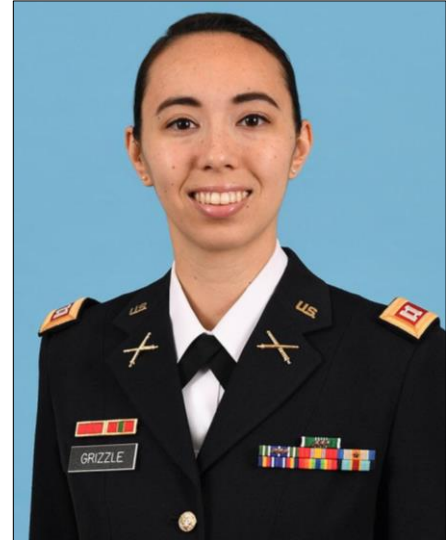


Captain Catherine M. Grizzle

United States Army Military Mentor

Capt. Catherine Grizzle graduated with Honors from West Springfield High School in Springfield, Virginia. She was a member of the National Honor Society, English Honor Society (Vice President), History Honor Society (Historian), International Thespian Society, and Science Honor Society. She was also one of the original members of the Asian American Student Association where she served as Historian in 2008. Catherine was a member of the Symphonic Orchestra. She was also casted in 10+ theater productions.

Catherine graduated with Honors from Virginia Tech in Blacksburg, Virginia. She earned a Bachelor of Arts in Political Science with a concentration in National Security Studies. She served in the Army Reserve Officer Training Corps (ROTC) and commissioned as an active duty 2nd Lt. in Field Artillery – the only combat arms branch open to women at the time. Catherine was selected as an Olmsted ROTC Scholar and conducted fellowships representing the U.S. Army and the Virginia Tech Corps of Cadets in China, Panama, and South Korea.



Catherine graduated from The University of North Carolina Kenan-Flagler Business School in Chapel Hill, North Carolina. She earned a Master of Business Administration degree and awarded the Core Value Award for Teamwork. She attended summits in Helsinki, Finland and Chapel Hill, North Carolina.

Catherine wanted to serve in the military because of the impact of terrorist attacks on September 11, 2001. Growing up near Washington, D.C., she remembers taking a picture of the Pentagon post-9/11 with her dad's film camera – capturing an image of a giant American flag draped over the side of the building. That powerful image remained her motivation to contribute to a cause larger than herself and to fight and win for her nation.

Catherine's past deployments include Camp Buehring, Kuwait (Operation Spartan Shield) and Camp Manion, Iraq (Operation Inherent Resolve). She served in all jobs available to a Field Artillery Lieutenant and also served in a staff assignment as a Logistician in Fort Bliss, Texas. Catherine is currently a Commander of a combat arms unit in Fort Sill, Oklahoma.

Catherine worked as a resident assistant with Johns Hopkins Center for Talented Youth at Dickinson College in Carlisle, Pennsylvania. She also taught Tae Kwon Do for 8 years to ages 3-55 at her studio in Fairfax, Virginia. Her experiences at these venues prepared her for lectures as a Visiting Professor at Cameron University in Lawton, Oklahoma and a Gunnery Instructor in Fort Sill, Oklahoma.

While serving as a mentor and ambassador of the Armed Forces in support of the United States Senate Youth Program (USSYP), Catherine is eager to host a group of student delegates and provide a holistic approach toward the understanding of DoD's mission, people, and interrelationships with branches of the federal government. Service to the nation takes many forms and the eagerness to participate in public service at a young age like these USSYP candidates reminds her of herself in high school. Catherine offers her experiences as a woman in leadership in a male-dominated field, self-study of diversity, equity, and inclusion in team dynamics, active-constructive feedback at all working levels, and how to increase one's confidence to achieve a successful negotiation.