



Lieutenant Commander Alexandra S. Miller

United States Coast Guard

Military Mentor

Lt. Cmdr. Alexandra “Alex” Miller is the Waterways Management Division Chief at U.S. Coast Guard Sector San Francisco, California. She leads over 50 civilian and military personnel to direct and oversee the Marine Transportation System from central California to the Oregon border. She enjoys traveling, baking, crocheting, and is learning to standup paddleboard.

A native of Westport, New York, she graduated from Westport Central School in 2006. In high school, she captained the varsity soccer, basketball, and softball teams. She was the Student Council President and attended American Legion Auxiliary’s New York Girls State. She earned the New York State Scholarship for Academic Excellence and the Dr. Thomas Tanneberger Student Athlete Award.

Inspired by her grandfather’s World War II service and drawn to the Coast Guard’s humanitarian missions, she accepted an appointment to the U. S. Coast Guard Academy. While a cadet, she earned the 2008 Eagle Cadre Leadership Award and served as a Congressional Intern for U.S. Representative Joe Courtney (CT). In 2010, she graduated with a Bachelor of Science in Naval Architecture and Marine Engineering (with Honors) and a commission as an Ensign.



Her Officer Specialty is Marine Safety Engineer, focusing on fire protection and lifesaving systems. She is also a licensed Professional Engineer in Michigan. Her previous military assignments include Damage Control Assistant onboard Coast Guard Cutter THETIS in Key West, Florida, Marine Inspector at Coast Guard Sector Jacksonville, Florida and Staff Engineer in the Office of Design and Engineering Standards. As a staff engineer, she twice represented the United States to the United Nation’s International Maritime Organization in London, UK. She deployed to Puerto Rico and the U.S. Virgin Islands in 2017 in response to Hurricane IDA and MARIA, leading a team of marine inspectors to reopen commerce to the islands.

The Coast Guard selected her for the Fire Protection Graduate Program in 2014. She attended Worcester Polytechnic Institute, graduating with a Master of Science in Fire Protection Engineering in 2017. She earned a Master of Arts in Defense and Strategic Studies from the Naval War College in 2021.

A servant leader, she dedicates her free time to volunteering with middle and high school students. From 2015 to 2016, she volunteered as a mentor for Science Club for Girls introducing school-aged girls to STEM fields. Since 2019, she has served as a Military Mentor at the Tragedy Assistance Program for Survivors (TAPS). In TAPS, she is a mentor for middle and high school children working grieving the loss of a military loved one. She has attended two National Good Grief Camps and regularly hosts virtual coffee hours to develop coping mechanisms while providing a community.

She desires to be a United States Senate Youth Program mentor because she enjoys guiding students to discover their interests, explore opportunities, and foster a passion for lifelong learning. She offers the program a diverse perspective as a military officer and engineer. Her experience working on Capitol Hill and with all levels of government, international organizations, and commercial industry provide vast knowledge of the impacts of the U.S. Senate.